

## TAKEMUSU AIKIDO FINGAL

Examination program<sup>1</sup>  
for kids under 16 y.o.

### 10 kyu yellow belt

*minimum of 20 days of practice since starting Aikido*

Hanmi, Ushiro Ukemi, Mae Shikko  
Tai no Henko (Kihon)  
Kosadori Ikkyo (2 variations), Iriminage  
Zagi Kokyuhō

### 9 kyu yellow belt

*minimum of 20 days of practice after 10<sup>th</sup> kyu*

Hanmi, [Mae Ukemi](#), Ushiro Ukemi, Shikko  
(Mae & Ushiro)  
Tai no Henko (Kihon)  
[Morotedori: Kokyuhō](#)  
Kosadori Ikkyo, Iriminage  
[Shomen Uchi Ikkyo](#), [Iriminage](#)  
[Katatedori Kotegaeshi \(no pinning\)](#)  
Zagi Kokyuhō

### 8 kyu orange belt

*minimum of 25 days of practice after 9<sup>th</sup> kyu*

Hanmi, Mae Ukemi, Ushiro Ukemi ([rolling](#)),  
Shikko  
Tai no Henko (Kihon)  
Morotedori: Kokyuhō  
Kosadori Ikkyo, Iriminage  
Shomen Uchi Ikkyo, Iriminage, [Kotegaeshi \(no pinning\)](#)  
Katatedori Kotegaeshi (no pinning), [Shihonage](#)  
Zagi Kokyuhō

### 7 kyu orange belt

*minimum of 25 days of practice after 8<sup>th</sup> kyu*

Hanmi, Mae Ukemi, Ushiro Ukemi ([rolling](#)),  
Shikko  
Tai no Henko (Kihon)  
Morotedori: Kokyuhō  
Kosadori Ikkyo, Iriminage, Kotegaeshi (no pinning)  
Shomen Uchi Ikkyo, Iriminage, Kotegaeshi (no pinning)  
Katatedori Kotegaeshi (no pinning),  
Shihonage, [Iriminage](#)  
[Katadori Ikkyo](#)  
Zagi Kokyuhō

**Starting from the 6 kyu program is the same as adults**

### 6 kyu blue belt

*minimum of 30 days of practice after 7<sup>th</sup> kyu*

### 5 kyu blue belt

*minimum of 30 days of practice after 6<sup>th</sup> kyu*

### 4 kyu purple belt

*minimum of 40 days of practice after 5<sup>th</sup> kyu*

### 3 kyu purple belt

*minimum of 50 days of practice after 4<sup>th</sup> kyu*

### 2 kyu brown belt

*minimum of 60 days of practice after 3<sup>rd</sup> kyu*

### 1 kyu brown belt

*minimum of 70 days of practice after 2<sup>nd</sup> kyu*

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<sup>1</sup> Examinee must be prepared to be tested on techniques from the previous grades

## TAKEMUSU AIKIDO FINGAL

Examination program <sup>1</sup>

### 6 kyu

*minimum of 30 days of practice*

Mae Ukemi, Ushiro Ukemi, Migi Hamni, Hidari  
Hanmi, Mae Shikko, Ushiro Shikko

Tachi waza:

- Tai no Henko (Kihon)
- Morotedori: Kokyuhō

- Kosadori: Ikkyō, Kotegaeshi
- Katatedori: Shihonage
- Katadori: Ikkyō, Nikyō
- Ryotedori: Tenchinage

Zagi Kokyuhō

### 5 kyu

*minimum of 30 days of practice after 6<sup>th</sup> kyu*

Suwari waza:

- Shomen Uchi: Ikkyō

Tachi waza:

- Tai no Henko (Kihon, Ki no Nagare)
- Morotedori: Kokyuhō
- Kosadori: Nikyō, Iriminage
- Katatedori: Ikkyō, Nikyō, Kotegaeshi

- Ryotedori: Shihonage

- Shomen Uchi: Ikkyō, Kotegaeshi

Zagi Kokyuhō

Bukiwaza:

- Ken: Ken no Kamae, Suburi 1 – 3
- Jo: Jo no Kamae, Tsuki no bu

### 4 kyu

*minimum of 50 days of practice after 5<sup>th</sup> kyu*

Tobi Ukemi from Kotegaeshi, Koshinage

Suwari waza:

- Shomen Uchi: Ikkyō, Nikyō

Tachi waza:

- Tai no Henko (Kihon, Ki no Nagare)
- Morotedori: Kokyuhō
- Katatedori: Kaitenage Uchi and Soto
- Katadori: Ikkyō (Ki no Nagare), Nikyō (Ki no Nagare)

- Shomen Uchi: Nikyō, Sankyō, Iriminage, Kotegaeshi, Shihonage

- Ushiro Ryotedori: Kokyuhō, Ikkyō, Kotegaeshi

- Yokomen Uchi: Shihonage

Zagi Zagi Kokyuhō

Bukiwaza:

- Ken: Suburi 1 – 7
- Jo: Tsuki no Bu, Uchi no Bu, Roku no Jo Kata

### 3 kyu

*minimum of 60 days of practice after 4<sup>th</sup> kyu*

Suwari waza:

- Shomen Uchi: Ikkyō, Nikyō, Sankyō, Yonkyō

Tachi waza:

- Tai no Henko (Kihon, Ki no Nagare)
- Morotedori: Kokyuhō
- Shomen Uchi: Yonkyō, Iriminage (Kihon, Ki no Nagare), Kotegaeshi

- Yokomen Uchi: Ikkyō, Gokyō, Shihonage

- Ushiro Ryotedori: Nikyō, Sankyō, Koshinage

Zagi Kokyuhō

Bukiwaza:

- Ken: Migi no Awase, Hidari no Awase
- Jo: Katate no Bu, Hasso no Bu, Nagare no Bu

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<sup>1</sup> Examinee must be prepared to be tested on techniques from the previous grads

## 2 kyu

*minimum of 70 days of practice after 3<sup>rd</sup> kyu*

Suwariwaza:

- Shomen Uchi Ikkyo, Nikyo, Sankyo, Yonkyo
- Yokomen Uchi Ikkyo

Hanmi Handachi:

- Katatedori Shihonage Omote
- Ryotedori Shihonage Omote

Tachi waza:

- Tai no Henko (Kihon, Ki no Nagare)
- Morotedori: Kokyuho (Twisted Arm)
- Yokomen Uchi: Iriminage

- Ryotedori: Ikkyo, Sankyo, Koshinage
- Tsuki Iriminage, Kotegaeshi
- Ushiro Ryotedori: Jujinage, Ikkyo (Ki no Nagare), Kotegaeshi

Jiu Waza: Katatedori, Katadori, Shomen Uchi Zagi Kokyuho

Bukiwaza:

- Ken: Go no Awase, Shichi no Awase
- Jo: 31 no Kata

## 1 kyu

*minimum of 80 days of practice after 2<sup>nd</sup> kyu*

Suwariwaza:

- Shomen Uchi: Iriminage, Kotegaeshi

Hanmi Handachi:

- Katatedori: Shihonage
- Ruotedori: Shihonage

Tachi waza:

- Tai no Henko (Kotai, Jutai, Ryutai)
- Morotedori: Kokyuho (all kihon variations and ki no nagare)
- Yokomen Uchi: Shihonage (ki no nagare), Iriminage (ki no nagare), Kotegaeshi (ki no nagare)
- Ushiro Eridori: Ikkyo
- Ushiro Katate Munedori: Jujinage

Jiu Waza:

- All basic techniques from all basics forms
- Kokyunage: minimum three from Morotedori, Ryokatadori, Ryotedori

Zagi Kokyuho

Bukiwaza:

- Ken: Shihogiri, Happogiri
- Jo: 13 no Jo Kata
- Tachidori: two forms from Ai Hanmi, two forms from Gyaku Hanmi
- Jodori: two forms from Ai Hanmi, two forms from Gyaku Hanmi
- Jonage: two forms from Ai Hanmi, two forms from Gyaku Hanmi